

Qualifications:

Students must be registered in a weekday class of gymnastics or tumbling, and also attend the Saturday Competition Class

Anyone can join.

Students take class all year around

Your RSVP to this program and the intention of competing is requested in June for the upcoming fall and spring seasons (we can make a few exceptions to this, but would need some advanced notice). Membership fees and team set up is requested to be complete by July / August for the same upcoming fall and spring seasons.

Whether your student chooses to compete or not / or is ready or not, if they are on team, all membership fees are due as stated.

All tumbling team members and their parents will be volunteering at the November and May Dance Recitals. These events, along with "So You Think You Can Tumble" are the events that pay for our competitive and traveling teams.

Equipment needed:

Studio Warm Up

Competition Leotard

Attendance:

This is a year around event, students are expected to take thru the summer as well. If the student plans on taking any time off, there is a mandatory 30 day written notice.

If a student misses a class, we understand – but you must send written notification via email. Students are expected to be at the level requested – so if a class is missed, they should make up, condition and practice at home. All competitors should eat appropriately (whole – fresh foods – fruits, veggies (5 – 8 per day), eggs and whole grains (not cold cereal)), 8 – 12 glasses of water, absolutely no pop or flavored drinks, stretch legs and backs on a daily basis and condition their abs for maximum outcome.

If our recommended schedule is altered in any way, please know it will directly affect the progress of your student. The program is set up specifically to progress and develop your child, if you choose to alter it, we understand, but YOU are also choosing to alter their level and development.

We compete in approximately 5 – 6 tumbling meets a year. Students are not required to attend all meets, but you must RSVP your intentions ahead of time, dates are given for these notices to be made, as meet forms are distributed.

YOU MUST NOT MISS THE PRACTICE BEFORE COMPETITION!

Meet locations / fees / sign up / meet times:

All competitors pay a membership fee to compete of \$50 in July / August for the upcoming fall / spring season.

The meets we attend are on the eastern half of the state, and we may also choose a meet from Illinois / Wisconsin each year.

Parents, family members and friends are barred from the competition floor / area. It is against policy to approach directors, coaches, judges – contact should be made through your head coach.

We attend one State Meet and one National Meet every year – if your student qualifies for these meets, this will also be an option for them

Meet fees are \$28 per meet on the average. State and National fees are \$50 on the average. Your registrations for team / meets may be delayed, postponed or denied if you have a past due balance on your account.

Meet sign up forms are either emailed out or posted right on our web site for downloading. Payment is due in our office by the requested date or there are heavy late fees that the host club charges.

The address of the meet site is always on the original sign up form for that meet. So you will know the address and be able to map out distance and location before you commit to the meet.

Meet times are distributed as soon as we receive them. Many times it is the weekend before competition.

Parents are responsible to have their competitor: Arrive on time to the designated site and report as directed on time, dressed and ready for competition, with a nutritional breakfast (eggs, toast and fruit – no doughnuts, pancakes, waffles, sugar cereal), no finger nail or toe nail polish, no earrings or jewelry, hair secure and professionally placed, and happy!!!

We try to place students where they will excel and do well. It is important that parents influence the “correct competitive atmosphere”. It is “the ultimate parent” who can love and respect the competitor at every moment – not just when they receive first place, but we expect all parents to be in the right frame of mind at every moment.

